



NAME	
Rental Dates	

Cycling Tours

Make a note of your bike set-up

There are certain dimensions that do not change; you just move things around to get them to fit to a particular frame. Below is a template that many teams use and it shows the critical dimensions along with some other information about the set-up of a bike. This info is needed to fit a bike for you.



The measurements:

REMEMBER to bring your own pedals and we recommend your saddle too.

Measurements	cm	Measurements	cm
A. Saddle height		Frame Size	
B. Bar height		Stem Length / Angle	
C. Reach		Seat Brand & Model	
D. Set back		Pedals	
E. Drop		Additional Info:	

- **A. Saddle Height:** from the center of the bottom bracket axle in a straight line up through the frame and seat post to the saddle
- **B. Bar Height:** from the middle of the front spindle in a straight line up through the head tubs to the top of the stem
- **C. Reach:** from the tip of the saddle to the centre of the bars
- **D. Set Back:** from the tip of the saddle to a line taken from the centre of the BB axle
- **E. Drop.** Height difference between tip of the saddle and top of handlebars